

A dark, reflective sphere, possibly a glass or polished metal ball, is the central focus. It is surrounded by several green fern fronds that fan out across the frame. The background is a dark, textured charcoal or black color. The lighting is dramatic, highlighting the texture of the ferns and the reflective surface of the sphere.

ZEN

# PARA PICAR

## APPETIZERS

### *NACHOS ZEN / ZEN NACHOS*

13,00 €

Zen nachos con guacamole, salsa cheddar, crema agria, pico de gallo y jalapeños  
*Nachos with cheddar cheese sauce, jalapeño peppers, cream cheese, avocado cream and "pico de gallo"*  
LACTOSA, GLUTEN, SULFITOS / LACTOSE, GLUTEN, SULFITES

### *PATATAS DIP / DIP POTATOES*

9,00 €

Patatas fritas con ajo, perejil y parmesano acompañado de dip Deluxe  
*French fries with garlic, parsley and parmesan cheese accompanied by Deluxe dip*  
LACTOSA, SULFITOS, HUEVO, SOJA / LACTOSE, SULFITES, EGG, SOY

### *Q FALAFEL*

14,50 €

Servido con pan de pita, Humus y Tzatziki  
*Served with pita bread, Hummus and Tzatziki*  
LACTOSA, GLUTEN, SULFITOS, FRUTOS SECOS / LACTOSE, GLUTEN, SULFITES, NUTS

### *TABLA DE FUET Y QUESO / "FUET" & CHEESE*

16,00 €

Fuet y queso manchego con grisinis, frutos secos y mermelada  
*"Fuet" & "Manchego" cheese with grisinis, nuts and jam*  
LACTOSA, GLUTEN, SULFITOS, FRUTOS SECOS / LACTOSE, GLUTEN, SULFITES, NUTS

*Q* SALUDABLE / HEALTHY

*V* VEGANO / VEGAN

IVA INCLUIDO / VAT INCLUDED

# ENSALADAS

## SALADS

### ENSALADA MEDITERRÁNEA / MEDITERRANEAN SALAD 13,50 €

Mezclum de lechugas, tomate, pepino, aceitunas, ventresca de atún, huevo y aguacate  
*Mesclun of lettuce, tomato, cucumber, olives, tuna belly, egg and avocado*  
PESCADO, HUEVO, SULFITOS / FISH, EGG, SULPHITES

### ENSALADA DE QUESO DE CABRA / GOAT CHEESE SALAD 14,00 €

Con papaya, aguacate, tomate cherry, nueces, pistachos y vinagreta de miel y cítricos  
*With papaya, avocado, cherry tomato, walnuts, pistachios and honey and citrus vinaigrette*  
FRUTOS SECOS, LACTOSA, SULFITOS, HUEVO, GLUTEN / NUTS, LACTOSE, SULPHITES, EGG, GLUTEN

### ENSALADA CÉSAR / CESAR SALAD 14,00 €

Con pollo crujiente, anchoas, tomate seco y croutons  
*With crispy chicken, anchovies, dried tomato and croutons*  
GLUTEN, LACTOSA, HUEVO, PESCADO, SULFITOS, SOJA, MOSTAZA / LACTOSE, GLUTEN, SULPHITES, EGG, FISH, SOY, MUSTARD

 SALUDABLE / HEALTHY

 VEGANO / VEGAN

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# ENSALADAS

## SALADS

✓ *Q* **TABOULÉ DE QUINOA / QUINOA TABOULEH** **13,50 €**

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Quinoa bicolor con pepino, maíz, pimientos, aguacate y col lombarda  
*Two-tone quinoa with cucumber, corn, peppers, avocado and red cabbage*  
SULFITOS / SULPHITES

**ENSALADA ASIÁTICA / ASIATIC SALAD** **16,00 €**

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De fideos chinos con gambas, verdura, sésamo, cacahuete y cebolla crujiente  
*Chinese noodles with prawns, vegetables, sesame, peanuts and crunchy onions*  
CRUSTÁCEOS, SOJA, GLUTEN, HUEVO, MOLUSCOS, SÉSAMO, CACAHUETE, SULFITOS  
*CRUSTACEAN, SOY, GLUTEN, EGG, MOLLUSCS, SESAME, PEANUTS, SULPHITES*

**ENSALADA CAPRESE / CAPRESE SALAD** **13,50 €**

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Tomate y mozzarella de búfala con rúcula, pesto y piñones  
*Tomato and buffalo mozzarella with rocket, pesto and pine nuts*  
FRUTOS SECOS, LACTOSA, SULFITOS / NUTS, LACTOSE, SULPHITES

*Q* **SALUDABLE / HEALTHY**

✓ **VEGANO / VEGAN**

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# PIZZAS

## PIZZAS

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*PIZZA MARGARITA / MARGHERITA PIZZA* 15,00€

GLUTEN, LACTOSA, SULFITOS / GLUTEN, LACTOSE, SULPHITES

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*PIZZA DE JAMÓN IBÉRICO / IBERIAN HAM PIZZA* 18,50 €

Jamón ibérico, rúcula, parmesano, piñones y aceite de finas hierbas  
*Iberian ham, rocket, parmesan cheese, pine nuts and fine herbs oil*

GLUTEN, LACTOSA, SULFITOS, FRUTOS SECOS / GLUTEN, LACTOSE, SULPHITES, NUTS

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*PIZZA 4 ESTACIONES / 4 SEASONS PIZZA* 17,00 €

Con cuatro tipos de verdura

*With four types of vegetables*

GLUTEN, LACTOSA, SULFITOS / GLUTEN, LACTOSE, SULPHITES

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*PIZZA PEPPERONI / PEPPERONI PIZZA* 17,00 €

Peperoni

*Pepperoni*

GLUTEN, LACTOSA, SULFITOS / GLUTEN, LACTOSE, SULPHITES

🌱 SALUDABLE / HEALTHY

🌿 VEGANO / VEGAN

IVA INCLUIDO / VAT INCLUDED

# PIZZAS

## PIZZAS

### *PIZZA DE ATÚN / TUNA PIZZA*

*17,00 €*

Con cebolla y alcaparras

*With onions and capers*

GLUTEN, LACTOSA, SULFITOS, PESCADO / *GLUTEN, LACTOSE, SULPHITES, FISH*

### *PIZZA CUATRO QUESOS / FOUR CHEESE PIZZA*

*17,00 €*

Con mozzarella, queso azul, brie y queso de cabra

*With mozzarella, blue cheese, brie and goat cheese*

GLUTEN, LACTOSA, SULFITOS / *GLUTEN, LACTOSE, SULPHITES*

### *PIZZA PROSCIUTTO / PROSCIUTTO PIZZA*

*17,00 €*

Jamón dulce y champiñones

*Ham and mushrooms*

GLUTEN, LACTOSA, SULFITOS / *GLUTEN, LACTOSE, SULFITES*

### *PIZZA BARBACOA / BBQ PIZZA*

*18,00 €*

Pollo, beicon, maíz, carne de ternera y salsa barbacoa

*Chicken, bacon, corn, beef and BBQ sauce*

GLUTEN, LACTOSA, SULFITOS / *GLUTEN, LACTOSE, SULPHITES*

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# P A S T A S

## P A S T A S

### *PAPPARDELLE*

15,00 €

GLUTEN, HUEVO / GLUTEN, EGG

### *MACARONI*

15,00 €

GLUTEN\*, HUEVO / GLUTEN\*, EGG

### *ESPAGUETI*

15,00 €

GLUTEN, HUEVO / GLUTEN, EGG

### *CAPPELLETTI AL PROSCIUTTO CRUDO*

16,50 €

Rellenos de Jamón serrano

Stuffed with "serrano" ham

GLUTEN, HUEVO, LACTOSA / GLUTEN, EGG, LACTOSE

### *SALSAS/ SAUCES*

CARBONARA: LACTOSA, HUEVO / LACTOSE, EGGS

BOLOÑESA/ BOLOGNESE: SULFITOS / SULPHITES

POMODORO / POMODORO: SULFITOS / SULPHITES

PESTO: SULFITOS, FRUTOS SECOS, LACTOSA / SULPHITES, NUTS, LACTOSE

\*Disponible macarrones SIN gluten / *Gluten FREE macaroni available*

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# SANDWICHES & BURGERS & WRAPS ...

## *HAMBURGUESA DE TERNERA / BEEF BURGER* *17,50 €*

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Con queso cheddar, beicon, lechuga, cebolla, tomate, pepinillo y pan de tomate y albahaca  
*With cheddar cheese, bacon, lettuce, onions, tomatoes and pickles in a tomato and basil bread*  
GLUTEN, LACTOSA, SULFITOS, SÉSAMO, FRUTOS SECOS / GLUTEN, LACTOSE, SULPHITES, SESAME, NUTS

## *HAMBURGUESA DE POLLO / CHICKEN BURGUER* *16,00 €*

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Pechuga de pollo crujiente, rúcula, tomate seco, parmesano y salsa César  
*Crunchy chicken breast, rocket, dried tomato, parmesan cheese and caesar sauce*  
GLUTEN, LACTOSA, SULFITOS, SOJA, SÉSAMO, HUEVO, MOSTAZA, PESCADO  
GLUTEN, LACTOSE, SULPHITES, SOY, SESAME, EGG, MUSTARD, FISH

## *BAO DE COCHINILLO PIBIL / PULLED PORK BAO* *17,50 €*

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Con salsa hoisin y pepino encurtido  
*With hoisin sauce and pickled cucumber*  
GLUTEN, SULFITOS, LACTOSA, SÉSAMO, MOSTAZA, SOJA, CACAHUETE, FRUTOS SECOS  
GLUTEN, SULFITES, LACTOSE, SESAME, MUSTARD, SOY, PEANUT, NUTS

## *🌱 WRAP DE QUINOA / QUINOA WRAP* *15,50 €*

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De espinaca con aguacate, tomate, maíz, col lombarda y pimientos  
*Spinach wrap with avocado, tomato, corn, red cabbage and peppers*  
GLUTEN, SULFITOS / GLUTEN, SULPHITES

## *CLUB SANDWICH / SANDWICH CLUB* *17,00 €*

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Queso cheddar, tomate, pollo, beicon, jamón cocido, rúcula, huevo, mahonesa y patatas fritas  
*Cheddar cheese, tomato, chicken, bacon, ham, rocket, egg, mayonnaise and french fries*  
GLUTEN, LACTOSA, HUEVO, SOJA / GLUTEN, LACTOSE, EGGS, SOY

🌱 SALUDABLE / HEALTHY

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# POSTRES

## DESSERTS

  *FRUTA DE TEMPORADA / SEASONAL FRUITS* 8,00 €

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Selección de frutas de temporada  
*Selection of seasonal fruits*

*BROWNIE DE CHOCOLATE / CHOCOLATE BROWNIE* 8,00 €

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Con helado de vainilla de Madagascar  
*Served with Madagascar Vanilla ice cream*  
GLUTEN, LACTOSA, FRUTOS SECOS, HUEVO / *GLUTEN, LACTOSE, NUTS, EGG*

*SELECCIÓN DE HELADOS / ICE CREAMS* 6,50 €

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Nuestra selección de helados de sabores (vainilla, chocolate, fresa)  
*Our selection of ice cream (vanilla, chocolate, strawberry)*  
GLUTEN, LACTOSA, HUEVO, FRUTOS SECOS / *GLUTEN, LACTOSE, EGG, NUTS*

*TARTA DE QUESO / CHEESECAKE* 8,00 €

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Con mango  
*With mango*  
GLUTEN, LACTOSA, FRUTOS SECOS, HUEVO / *GLUTEN, LACTOSE, NUTS, EGG*

*TARTA DE CHOCOLATE / CHOCOLATE CAKE* 8,00 €

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LACTOSA, HUEVO, GLUTEN, FRUTOS SECOS / *LACTOSE, EGG, GLUTEN, FRUTOS SECOS*

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**ASIA GARDENS**  
HOTEL & THAI SPA